

B.P.Ed. Examination, 2016
Semester – III
Physical Education
Course: CC-303
(Sports Psychology and Sociology)

Time: Three Hours

Full Marks: 70

Questions are of value as indicated in the margin.

**Attempt any one question from each Unit-I to Unit-III, two answers from
Unit IV and give ten answers from Unit-V**

Unit-I

1. Define and explain Sports and Educational Psychology with importance in Physical Educational. 7+8=15

Or

Define and explain individual differences. Explain the effect of heredity and environment on individual differences. 7+8=15

Unit-II

2. Explain learning and its types. Explain laws of learning and their implication in Physical Education. 7+8 = 15

OR

Explain motivation and its types. Explain different motivational techniques used in Physical Education. 7+8= 15

Unit-III

3. What are customs and traditions in Physical Education? Explain Socialization through sports and Physical Education. 7+8 = 15

Or

Explain the meaning of a Social group. Differentiate between various social groups in details. 7+8 = 15

Unit-IV

4. Write short notes on *any two*: 7.5X2=15
- i) Culture.
 - ii) Observational method.
 - iii) Questionnaire method.
 - iv) Interview method.

P.T.O.

Unit-V**5. Write the correct answer from the following (any ten)**

10x1=10

- i. Psychology is a
 - a. Natural Science
 - b. Social Science.
 - c. Applied Science
 - d. All of the above.
 - ii. Prenatal stage is from
 - a. Conception to birth.
 - b. Conception to two days after birth.
 - c. Birth to one year.
 - d. Birth to two years.
 - iii. Menopause occur in women in
 - a. Adolescent stage
 - b. Early adulthood stage
 - c. Middle adulthood stage
 - d. Late adulthood stage
 - iv. Attention is the _____ step of observation.
 - a. 1st
 - b. 2nd
 - c. 3rd
 - d. 4th
 - v. Self talk can have _____ impact on life.
 - a. Positive
 - b. Negative.
 - c. Both
 - d. None
 - vi. Relaxation is the emotional state of
 - a. Low tension.
 - b. High tension
 - c. Medium tension
 - d. All of the above.
 - vii. Orthodoxy means
 - a. Narrowness.
 - b. Fanaticism.
 - c. Conservativeness
 - d. All of the above.
 - viii. Which one may be considered as festival of physical education
 - a. National Sports Day
 - b. International Yoga Day
 - c. Annual Sports Day
 - d. All of the above.
 - ix. In Questionnaire method the questions should not be
 - a. Short
 - b. Long.
 - c. Clear
 - d. To the point.
 - x. What is the objective of Interview method?
 - a. Collecting the data
 - b. Exchanging the data
 - c. Exchanging the experiences.
 - d. All of the above.
 - xi. One of the disadvantage of Interview method is
 - a. Less time consuming
 - b. Involves low cost.
 - c. Requires less energy.
 - d. Confusing and complicated method.
 - xii. The Observational method is a
 - a. Non experimental design
 - b. Experimental design
 - c. A and B both
 - d. None of the above.
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